Monday 15th June 2026

Wigley and Penny Acres Neurodiversity Newsletter

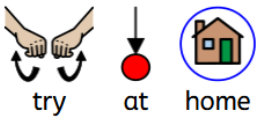
Thought of the month: Just one small positive thought in the morning can change your whole day.

Welcome to our Wigley and Penny Acres Neurodiversity Newsletter, which is dedicated to Special Educational Needs and Disabilities. In every Newsletter I will provide something to try and something to think about. Please feel free to come and discuss anything with me which you would like to see included in future newsletters.

I hope you enjoy our newsletter! *Mrs Simpson*



The BBC have some great information, activities, advice and persoanl stories relating to Special Education Needs and Disabilities and parenting - SEND tips and advice - BBC Parents' Toolkit - BBC Bitesize.



Speak to children in clear sentences and give them time to understand

When someone does not instantly understand what we have said, we tend to quickly repeat, often using different phrasing in an effort to help. Many children may need a longer time to process the meaning of what has been said. The best way to help them with this is to wait longer than you would usually do before repeating, and then if you do repeat, use the same words as the first time.

Support communication

If your child does not speak, cannot say much or struggles to understand or make themselves understood, using visual materials will be very important. When you want to explain something, or ask your child a question, having a picture or object related to what you are talking about is important. At school we use WIDGIT to create visuals to support communication, so if you would like any help with this please come and speak to us.

Monday 15th June 2026



Learning Disability Week

Learning Disability Week takes place Monday 15th to Sunday 21st June 2026.

The theme for 2026 is **"Do you see me?"** which is all about people with a learning disability being seen, heard and valued.



The 2026 theme, **"Do you see me?"**, encourages society to recognize, listen to, and value individuals with learning disabilities, emphasizing that they should be seen and heard as individuals rather than defined by labels or assumptions.

At our schools, inclusion is at the centre of everything we do. SEN support is what schools and similar settings use to find and meet the needs of children with special educational needs (SEN), to ensure they are included in all aspects of school life and reach their potential. Please talk openly with your children at home about how we can celebrate all individuals for their unique strengths and talents.

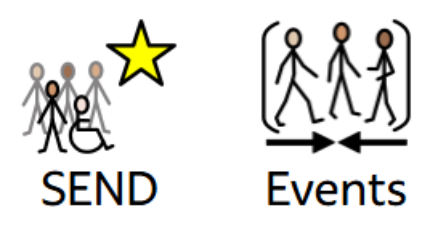
You can find out more here: Learning Disability Week | Mencap



We are here to help. If you wish to discuss any concerns you can contact Mrs Simpson, our SENDCo, by email at:

SENDCO@pennyacres.derbyshire.sch.uk

SENDCO@wigley.derbyshire.sch.uk

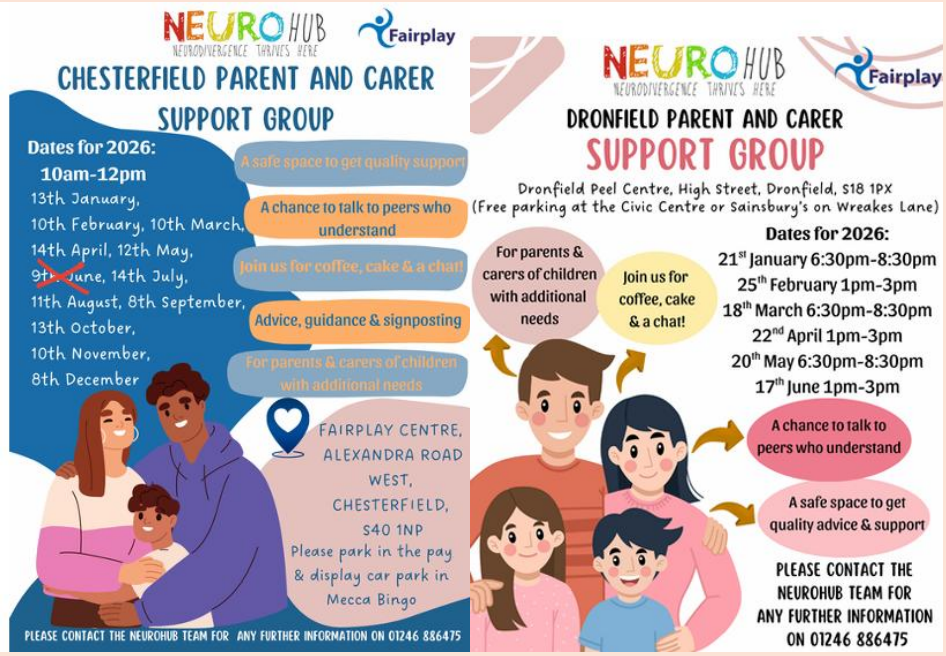


There are lots of online workshops available over the next few months with CAMHS, ISAS (Inclusion Support Advisory Service), Derbyshire Parent Carer Voice, which can be accessed on the Neuro Hub Facebook and Instagram Social Media pages.

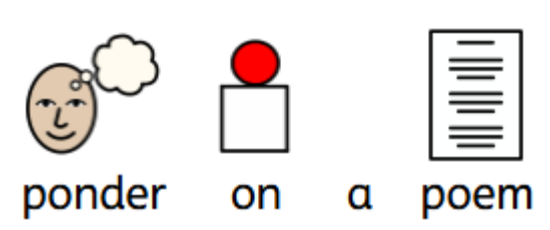


8th July – Emotion Coaching – DPCV – 1:30pm

DPCV: Derbyshire Parent Carer Voice EBSA: Emotion Based School Avoidance



Monday 15th June 2026



Hope

By Donna Ashworth

Hope is the baby blackbird

sitting featherless in the nest

who watches and believes

he will fly like all the rest



It's the caterpillar climbing

into it's dark cocoon

knowing he will come back out

much brighter, pretty soon



Hope is the winter forest

bare of all it's leaves

having dropped them to the ground

to wait for Spring to breathe

It's the focused little spider

climbing up the water spout

who scales the pipe another time

despite being washed right out



Hope is in our pockets

even though we didn't pay

it comes from giving up

then getting up, another day.