**PSHE Overview Penny Acres and Wigley Federation**

Foundation/KS1 follow a 3-year cycle. KS2 follow a 2-year cycle.

Units are taken from PSHE Matters.

**Cycle A**

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
|  | **Autumn 1** | **Autumn 2** | **Spring 1** | **Spring 2** | **Summer 1** | **Summer 2** |
| **Foundation/ KS1** | Exploring Emotions | Being Responsible | Being Healthy | Relationships | Drug Education | Changes |
| **Years 3 and 4** | Exploring Emotions | Bullying Matters | Being Healthy | Drug Education | Growing up | Changes |
| **Years 5 and 6** | Exploring Emotions | Bullying Matters | Being Healthy | Drug Education | Growing up | Changes |

**Cycle B**

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
|  | **Autumn 1** | **Autumn 2** | **Spring 1** | **Spring 2** | **Summer 1** | **Summer 2** |
| **Foundation/****KS1** | Exploring Emotions | Being Me | Bullying Matters | Difference and Diversity | Growing up | Being Healthy |
| **Years 3 and 4** | Being Me | Being Safe | Difference and Diversity | Being Responsible | Relationships | Money Matters |
| **Years 5 and 6** | Being Me | Being Safe | Difference and Diversity | Being Responsible | Relationships | Money Matters |

**Cycle C**

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
|  | **Autumn 1** | **Autumn 2** | **Spring 1** | **Spring 2** | **Summer 1** | **Summer 2** |
| **Foundation/****KS1** | Being Me | Difference and Diversity | Being Responsible | Being Safe | Relationships | Money Matters |

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **Key** | Sex and Relationships Education | Celebrating Differences, Diversity and Equality | Citizens of the future | Staying Safe | Health and Well-being | Rights and responsibilities |

Colour coding taken from PODS (Partnership of Dronfield Schools) ‘Big Idea’.